Acid-Alkaline Balance

Formula One

Alkaline Blood (Slow Oxidizers)
A Dietary Supplement

Douglas Laboratories® 180 Vegetarian Capsules

Supplement Facts

Serving Size 3 vegetarian capsules • Servings Per Container 60

Amount Per Serving		%DV	Amount Per Serving		%DV
Vitamin A	10,000 IU	200%	Magnesium (from Magnesium Oxide)	100 mg	25%
Vitamin C (as Ascorbic Acid)	1,000 mg	1,667%	Copper (from Copper Chelate)	1 mg	50%
Vitamin D-3	400 IU	100%	Manganese (as Manganese Sulfate)	5 mg	250%
Vitamin K	100 mcg	125%			
Thiamine (as Thiamine Mononitrate)	10 mg	667%	Chromium (from Chromium Chelate)	100 mcg	83%
Riboflavin	10 mg	588%	Potassium (from Potassium Chloride)	200 mg	5%
Niacin	25 mg	125%			
Vitamin B-6 (as Pyridoxine HCl)	10 mg	500%	PABA (*para*-Aminobenzoic Acid)	100 mg	*
Folic Acid	200 mcg	50%			
Biotin	150 mcg	50%	*Daily Value not established.		
Iron (as Ferronyl®)	15 mg	83%			

Other ingredients: Cellulose, vegetable stearate and silica.

Manufactured by: **Douglas Laboratories** • Pittsburgh, PA 15205 • **www.douglaslabs.com**

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage:
As a dietary supplement, adults take 3 capsules daily or as directed by physician.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: This product contains Vitamin K, which interferes with the prescription drugs Coumadin and Warfarin. Do not take this if taking either of these drugs.

KEEP OUT OF REACH OF CHILDREN.
For optimal storage conditions,
store in a cool, dry place.
(59˚-77˚F/15˚-25˚C)
(35-65% relative humidity)
Tamper resistant package,
do not use if outer seal is missing.

Formula #80080