

 *Health through the power of nature,
that's what it means to Trust the Leaf.®*

Glucomannan (from *Amorphophallus konjac*) contains dietary fiber that provides a feeling of fullness.* Our Glucomannan is carefully tested and produced to superior quality standards.

Keep out of reach of children. Safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, artificial colors or flavors.

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 **VEGETARIAN**



◆ LN13675.A06 BLK8217A



***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

PREMIUM

**Nature's
Way**

HERBAL

Glucomannan

from Konjac Root



100 Vegetarian Capsules / 665 mg per Cap

DIETARY SUPPLEMENT

Recommendation: Take 3 capsules with at least 8 oz. of water (full glass) approximately 20 minutes before mealtime.

Warning: Take this product with at least a full glass of water. Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty swallowing. If you experience chest pain, vomiting or difficulty swallowing or breathing after taking this product, seek immediate medical attention. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 3 Capsules / Servings per Container 33

Amount per Serving		% DV
Calories	5	
Total Carbohydrate	2 g	<1%†
Dietary Fiber	2 g	8%†
Glucomannan (from <i>Amorphophallus konjac</i> root)	1.995 g	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: plant-derived capsule (hypromellose), magnesium stearate
Contains sulfites.