

**Suggested Use:** As a dietary supplement, take 1 mL (approx. 28 drops) three times daily, in a small amount of water.

**Warning:** If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

Best if used by date on bottle. Store in a dry, cool place.

**USE ONLY IF SEAL IS UNBROKEN**

**SHAKE WELL. KEEP OUT OF REACH OF CHILDREN**

Any Questions? 1-800-644-8327

Website: [www.botanicchoice.com](http://www.botanicchoice.com)

Alcohol Free Liquid Extract

**Skullcap Herb**

Herbal Supplement

1 fl. oz. (30 mL)

## Supplement Facts

Serving Size: 1 mL (approx. 28 drops)

Amount Per Serving	% Daily Value*
Total Carbohydrates	1 g <1%
Skullcap (Aerial Parts) 2:1 [herbal equivalent 270 mg]	135 mg †

† Daily Value not established.

\* Percent Daily Values are based on a 2,000 calorie per day diet.

**OTHER INGREDIENTS: GLYCERIN, WATER.**  
**DISTRIBUTED BY: INDIANA BOTANIC GARDENS, INC.**  
**3401 W. 37TH AVE. HOBART, IN 46342**

