



NON-GMO · MASS SPEC

Documentation ✓ Lab Tested ✓

Suggested usage: 1 capsule per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding or trying to conceive, or if you are taking medication, have a medical condition or anticipate a surgery. Keep out of the reach of children.

The B vitamins in Hi Potency B Complex work together to metabolize carbohydrates, fats, and proteins, which contributes to an increased energy production level in the body.* They also support a healthy nervous system and mood, and are essential for healthy skin, hair and vision.* Water-soluble B vitamins are not stored in the body and must be replenished daily.

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA

Manufactured by Natural Factors Canada

Distributed by NATURAL FACTORS

14224 167th Avenue SE

Monroe, WA 98272



Recyclable container and label.

Purity & Potency
Guaranteed



natural
Factors®

Hi Potency B Complex

90 Capsules

50 mg COMPLEX

LOT & EXPIRY 1.3125" x .25" Single Line

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Thiamin (hydrochloride)	50 mg	3,333%
Riboflavin (vitamin B2)	50 mg	2,941%
Niacin (niacinamide)	50 mg	250%
Vitamin B6 (pyridoxine hydrochloride)	50 mg	2,500%
Folic Acid (folate)	1000 mcg	250%
Vitamin B12 (cyanocobalamin)	50 mcg	833%
Biotin (vitamin B7)	60 mcg	20%
Pantothenic Acid (calcium pantothenate)	50 mg	500%
Inositol	50 mg	**
Para-Aminobenzoic Acid	50 mg	**
Choline (bitartrate)	20 mg	**

** Daily Value not established.

Other ingredients: Gelatin capsule (gelatin, purified water), magnesium stearate (vegetable grade), microcrystalline cellulose, silica.

