

Pharmaceutical Grade | Guaranteed Purity

NORDIC NATURALS®



Great
lemon
taste!



- ✓ Radiant Skin*
- ✓ Positive Mood*
- ✓ Flexible Joints*

COMPLETE™ OMEGA XTRA

1360 mg Omega-3/76 mg GLA

High-intensity complete omega "multi"
for optimal support for brain, skin, bones, and joints*

Superior Triglyceride Form



Dietary Supplement | 1000 mg Soft Gels | 60 Count

Supplement Facts

Serving Size: 2 Soft Gels

Servings per container: 30

Amount Per Serving	% Daily Value*	
Calories	20	
Calories from fat	20	
Total Fat	2.0 g	3%
Saturated Fat	0.1 g	1%
Trans Fat	0 g	†
Omega-3s	1360 mg	†
EPA (Eicosapentaenoic Acid)	780 mg	†
DHA (Docosahexaenoic Acid)	390 mg	†
Other Omega-3s	190 mg	†
Omega-6s	285 mg	†
GLA (Gamma-Linolenic Acid)	76 mg	†
Omega-9s	120 mg	†
OA (Oleic Acid)	90 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, purified water, natural lemon flavor), borage seed oil (*Borago officinalis*), d-alpha tocopherol, natural lemon flavor, rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.

Please ♻️ this container

Rev.D-01

With more than twice the omega-3 as Complete Omega™, Complete Omega™ Xtra is a high-intensity blend of concentrated omega-3 from fish oil, GLA from borage oil, and omega-9 oleic acid. This enhanced formulation offers intensive support for optimal heart and brain health, positive mood, healthy joints, and radiant skin.*

Wild caught. Pure. No fishy aftertaste. Friend of the Sea certified.

Every batch of Nordic Naturals fish oils is tested by a third-party certified lab for environmental toxins, including heavy metals. All fish oils are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.

Suggested Use: Two soft gels daily, with food, or as directed by your health care professional or pharmacist.

Store in a cool, dry place, away from sunlight

Do not take if tamper-evident seal is broken or missing

Product protected by U.S. patent #s 6346231 & 6641837

Keep out of the reach of children

Nordic Naturals products are never sold under any store brand

Warning: Consult with your physician before using this product if you are allergic to iodine, use blood thinners, or anticipate surgery.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Fish oil processed in Norway.
Distributed from the U.S. by:
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