

**SUGGESTED USAGE:** Take 1 softgel 1 to 2 times daily with food, or as directed by your healthcare practitioner.

**HOW IT WORKS:** Coenzyme Q<sub>10</sub>, also called Ubiquinone, is present in almost all cells, where it is necessary for mitochondrial energy production.\* The body's highest concentrations of Coenzyme Q<sub>10</sub> (CoQ<sub>10</sub>) are found in the heart, where constant chemical energy availability is imperative. In addition to its positive impact on cardiac function through energy production, CoQ<sub>10</sub> also functions as a powerful fat soluble free radical scavenger for vascular structures, as well as for other tissues.\*

**CAUTIONS/INTERACTIONS:** Coenzyme Q<sub>10</sub> may interact with anticoagulant and antihypertensive medications, as well as with chemotherapy agents. Statin medications have been shown to decrease CoQ<sub>10</sub> levels in the body and CoQ<sub>10</sub> supplementation may be useful when taking these drugs. Consult your healthcare professional if you are taking any of these medications.

**Do not eat freshness packet. Keep in bottle.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CODE  
P3198B  
V6



**PROTOCOL**  
**FOR LIFE BALANCE®**

**CoQ10**  
**400 mg**

- Supports Healthy Heart Muscle\*
- With Vitamin E & Sunflower Lecithin



**60 Softgels**  
A Dietary Supplement

## Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	< 1%*
Vitamin E (as d-alpha Tocopherol) (soy-free)	30 IU	100%
Coenzyme Q <sub>10</sub> (CoQ <sub>10</sub> )	400 mg	†
Sunflower Lecithin	35 mg	†

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule (bovine gelatin, water, glycerin, organic caramel color), Organic Extra Virgin Olive Oil and Silica.

Protocol For Life Balance®, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA    protocolforlife.com

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. PEG-free.

Protocol For Life Balance® CoQ<sub>10</sub> is a Pharmaceutical Grade natural, all-trans form produced by fermentation.