



Actual Color and Size



Salt Tablet

500 mg

Food/Dietary Supplement



Suggested Use: Take one (1) tablet daily. Do not exceed recommended daily dose unless directed by your health care practitioner.

Keep out of reach of children in a cool, dry place.

Supplement Facts

Serving Size = One (1) tablet

Servings Per Container = Varied

Amount Per Serving		% Daily Value
Chloride (Sodium Chloide)	310 mg	7%
Sodium (Sodium Chloide)	190 mg	8%

Other Ingredients: Cellulose, stearic acid, silicon dioxide, and magnesium stearate.

Notice: Consult your physician or pharmacist before use. Ask your physician if you are on a sodium restricted diet due to multiple organ disease. Ask your pharmacist if you are taking any prescription drugs for any possible interactions. Stop use and contact physician if heat cramps continue for more than 24 hours. If you are pregnant or nursing ask your physician before use.

This product may be produced in a facility that also makes products containing milk, eggs, fish, crustacean shellfish, tree nuts, wheat, peanuts, and soy.

Food supplements should not be used as a substitute for a varied diet.