SOURCE NATURALS®



SUPPORTS MUSCLES AND ENERGY PRODUCTION*
1,250 MG • 180 TABLETS



Supplement Facts Serving Size 3 Tablets Servings Per Container 60

Amount Pe	r Serving	%DV
Calories	10	
Total Carbohydrate	3 g	1%*
Magnesium (as magnesium malate)	425 mg	106%
Sodium	5 mg	<1%
Malic acid (as magnesium malate	2.5 g	†
and malic acid)		
l-		

*Percent Daily Values (%DV) are based on a 2,000 calorie diet. †Daily Value not established.

Other ingredients: stearic acid, acacia gum, modified cellulose gum, silica, and magnesium stearate.

Suggested Use: 1 to 3 tablets daily with meals.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Source Naturals MAGNESIUM MALATE is a compound of magnesium and malic acid. It supports proper muscle function, cardiovascular health, and energy production. Malic acid is a natural fruit acid that is present in most cells in the body and is an intermediate in the Krebs cycle, where energy is captured during the metabolism of carbs and fats. Magnesium is an essential cofactor for over 300 enzymatic reactions in metabolism, ATP synthesis and energy production. Magnesium plays important roles in muscle relaxation, because of its function as a cofactor for enzymes and because of its ability to counterbalance calcium in the cell. *

Suitable for vegetarians and HYPOALLERGENIC: contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, preservatives, or artificial color, flavor or fragrance.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:
© SOURCE NATURALS, II
P.O. BOX 2118
SANTA CRUZ, CA 95062

