



Actual Color and Size



# Niacin

## 100 mg



Food/Dietary Supplement

**Suggested Use:** Take one (1) capsule daily with food. Do not exceed recommended daily dose unless directed by your health care practitioner.

Keep out of reach of children in a cool, dry place.

## Supplement Facts

Serving Size = One (1) capsule    Servings Per Container = Varied

Amount Per Serving		% Daily Value
Niacin (Nicotinic Acid)	100 mg	500%

**Other Ingredients:** Cellulose, gelatin, magnesium stearate, and silicon dioxide

**Caution:** May cause flushing, tingling, and skin reddening, particularly on an empty stomach. Do not take more than 500 mg of Niacin per day without consulting your health care practitioner.

This product may be produced in a facility that also makes products containing milk, eggs, fish, crustacean shellfish, tree nuts, wheat, peanuts, and soy.

Food supplements should not be used as a substitute for a varied diet.

440 Kings Village Rd. Scotts Valley CA 95066  
In case of adverse event: 855-885-2855