

Advantages of Krill Oil

- **More bioavailable than fish oil** because the omega-3 fatty acids in krill oil are in phospholipid form (similar to the cell structure of the human brain), making them easier for the body to recognize, absorb and utilize
- **Smaller dose than fish oil** because the omega-3 fatty acids in krill are more easily absorbed
- **No fishy aftertaste or burp-back** because of krill oil's phospholipid form

Superior Quality

- **Tested for PCBs, heavy metals** (including mercury) and other impurities
- **Gluten-free**; no sugars, flavors or artificial colors/preservatives
- **Eco-Friendly, Sustainable Source** with 100% traceability back to the location of harvest



Purity
Tested

Nature's
Way

EfaGold

Krill Oil

Bioavailable Omega-3
Better Absorbed than Fish Oil

**Cardiovascular
& Joint Health***

500 MG



Pure Antarctic Krill

Omega-3 • Phospholipids • Astaxanthin

DIETARY SUPPLEMENT • 30 SOFTGELS

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Recommendation: Take 1 to 2 softgels daily, preferably with breakfast. For intensive use take 2 softgels twice daily (breakfast and lunch).
Caution: People with seafood allergy, coagulopathy or taking anticoagulants or other medications should consult their doctor before taking this product.

Supplement Facts

Serving Size 2 Softgels / Servings per Container 15

Amount Per Serving	% Daily Value
Calories	10
Calories from Fat	↑ 10
Total Fat	1 g 2%†
Cholesterol	± 20 mg 7%†
Sodium	+ 10 mg <1%†
Krill Oil A	1 g (1,000 mg) **
Omega-3 Fatty Acids	↓ 220 mg **
Eicosapentaenoic Acid (EPA)	120 mg ↓ **
Docosahexaenoic Acid (DHA)	55 mg ↓ **
Phospholipids	400 mg **
Astaxanthin A	↓ 80 mcg A **

†Percent Daily Values based on a 2,000 calorie diet.
**Daily Value not established.

Other Ingredients: Gelatin (softgel), Glycerin, Purified water

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Green Bay, WI 54311 USA
Questions? 1-800-9NATURE
www.naturesway.com

Actual Size

About Krill Oil

Nature's Way® Krill Oil is produced from 100% pure Antarctic krill—one of nature's most abundant and rapidly renewable sources of omega-3 fatty acids, phospholipids and antioxidants.



Heart Health

Helps reduce the risk of coronary heart disease: Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease (see nutrition information for total fat content).

Additional Benefits

Research confirms the important role of omega-3 fatty acids in maintaining healthy blood triglyceride levels already within normal limits, as well as supporting the heart, skin and joints.*

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Safety sealed with printed outer shrinkwrap and printed inner freshness seal. Do not use if either seal is broken or missing. **Keep out of reach of children.** Store in a cool, dry place.



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(8)111744 / 03023

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