



**now**  
**SPORTS**

# L-Glutamine

**1000 mg**

**Double Strength**

**Nitrogen Transporter\***

**120 Capsules**

A Dietary Supplement

**Non-GMO**



**SUGGESTED USAGE:** Take 1 capsule 1 to 3 times daily, preferably between meals.

Glutamine is considered to be a conditionally essential amino acid, which means that under certain circumstances, the body may require more Glutamine than it can produce. In the body, Glutamine functions as a major nitrogen transporter and is critical for the maintenance of healthy nitrogen balance.\* Glutamine also acts as the primary fuel for the rapidly growing cells of the immune system and GI tract.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Natural color variation may occur in this product. Do Not Eat Freshness Packet. Keep in Bottle.

## Supplement Facts

Serving Size 1 Capsule

### Amount Per Serving

L-Glutamine (Free-Form)	1 g (1,000 mg)*
-------------------------	-----------------

\* Daily Value not established.

Other ingredients: Gelatin (capsule), Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA  
nowsportsproducts.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This double strength product has twice the L-Glutamine (1,000 mg per capsule) as in our regular strength product (500 mg per capsule).

Store in a cool, dry, dark place after opening.

Please Recycle.



CODE  
0094  
V5