

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT
PLEASE RECYCLE

Recommendations

2 capsules 2 to 4 times daily
with food, or as directed by
your healthcare professional.

Warning

If pregnant, consult your
physician before taking.

CONTAINS NO COATINGS, BINDERS,
YEAST, WHEAT, GLUTEN, MILK/DAIRY,
CORN PROTEIN, SOY PROTEIN, EGGS,
SUGAR, HYDROGENATED OIL, ARTIFICIAL
COLORING, ARTIFICIAL FLAVORING
OR PRESERVATIVES.

Independently tested for
authenticity, potency, solvent
residue, stability and bacteria,
yeast and mold counts.


VITAL
NUTRIENTS

**Calcium/
Magnesium**

(CITRATE/MALATE FORMULA)



DIETARY SUPPLEMENT

100 CAPSULES

Supplement Facts

serving size: 1 capsule • servings per container: 100

	amount per serving	% daily value
Calcium (as 70% dicalcium malate and 30% calcium citrate/malate)	80mg	8%
Magnesium (as 70% dimagnesium malate and 30% magnesium citrate)	80mg	20%

Other Ingredients: Gelatin Capsule, Magnesium
Silicate, and Leucine.

MADE IN THE USA

manufactured by
VITAL NUTRIENTS

45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA