

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT
PLEASE RECYCLE

Recommendations: 1 or 2 capsules daily, or as directed by your healthcare professional.

Warning: Do not take if pregnant or lactating. To help avoid any possible toxicity take essential fatty acids (Flax or Fish Oil) when using this product.

CONTAINS NO COATINGS, BINDERS, YEAST, WHEAT, GLUTEN, MILK/DAIRY, CORN PROTEIN, SOY PROTEIN, EGGS, SUGAR, HYDROGENATED OIL, ARTIFICIAL COLORING, ARTIFICIAL FLAVORING, OR PRESERVATIVES.

MADE IN THE USA



6 93465 31311 4



VITAL
NUTRIENTS

Lithium
(orotate)

5mg

DIETARY SUPPLEMENT

90 CAPSULES



Supplement Facts

serving size: 1 capsule
servings per container: 90

	amount per serving
Lithium (as lithium orotate)	5mg*

* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule, Silicated Cellulose, Calcium Carbonate, and Leucine.

Independently tested for authenticity, potency, solvent residue, stability and bacteria, yeast and mold counts.

manufactured by
VITAL NUTRIENTS
45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA