

**store sealed in a cool dry place**

KEEP OUT OF THE REACH OF CHILDREN  
USE ONLY IF SAFETY SEAL IS INTACT  
PLEASE RECYCLE

**Recommendations**

1 capsule at bedtime,  
or as directed by your  
healthcare professional.

**Warning**

If pregnant, consult your  
physician before taking.

CONTAINS NO COATINGS, BINDERS, YEAST,  
WHEAT, GLUTEN, MILK/DAIRY, CORN PROTEIN,  
SOY PROTEIN, EGGS, SUGAR, HYDROGENATED  
OIL, ARTIFICIAL COLORING, ARTIFICIAL  
FLAVORING, OR PRESERVATIVES.



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**VITAL**  
NUTRIENTS

**Melatonin**  
**20mg**



DIETARY SUPPLEMENT

**60 CAPSULES**

**Supplement Facts**

serving size: 1 capsule

servings per container: 60

	amount per serving
Melatonin	20mg*

\* Daily Value not established

Other Ingredients: Rice Powder, Gelatin  
Capsule, and Magnesium Citrate.

Independently tested for  
authenticity, potency, solvent  
residue, stability and bacteria,  
yeast and mold counts.

MADE IN THE USA

manufactured by  
**VITAL NUTRIENTS**

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