



**NOW
SPORTS**

L-Glutamine

1500 mg

**Extra Strength
Pharmaceutical Grade
Supports Muscle Mass***

180 Tablets

A Dietary Supplement Vegetarian/Vegan



Supplement Facts

Serving Size 2 Tablets
Servings Per Container 90

Amount Per Serving

L-Glutamine (Free-Form)	3 g (3,000 mg)*
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* Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Vegetarian Coating, Croscarmellose Sodium, Magnesium Stearate (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA
nowsportsproducts.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product has three times the L-Glutamine (1,500 mg per tablet) as in our regular strength product (500 mg per capsule).

This product contains Pharmaceutical Grade L-Glutamine.

Natural color variation may occur in this product.

Store in a cool, dry, dark place after opening.

Please Recycle.

SUGGESTED USAGE: Take 2 tablets 1 to 2 times daily, preferably between meals.

Glutamine has recently been the focus of much scientific interest. A growing body of evidence suggests that under certain circumstances, the body may require more Glutamine than it can produce. During these times Glutamine may be considered a "conditionally essential" amino acid. Glutamine is involved in maintaining a positive nitrogen balance (an anabolic state) and acts as the primary fuel for rapidly growing cells (immune system and intestinal cells).* In addition, Glutamine is also a major nitrogen transporter and helps to regulate the body's acid-base balance.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Do Not Eat Freshness Packet. Keep in Bottle.

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