

Vitamin E is an essential nutrient and is the body's primary, fat-soluble antioxidant. Vitamin E provides nutritional support for the immune system. It helps fight cell-damaging free radicals that cause oxidative stress in the body, which may contribute to the premature aging of cells. This formulation provides a natural source of Vitamin E (as d-Alpha Tocopherol plus d-Gamma, d-Delta and d-Beta). It is offered in oil-based softgels to promote optimal absorption and assimilation.\*

Carefully Manufactured for:  
Solgar, Inc., 500 Willow Tree Road  
Leonia, NJ 07605 U.S.A.

For more information, call toll-free  
1-877-SOLGAR 4  
www.solgar.com  
©2016 Solgar, Inc.  
SOLGB16405 02C



NATURAL SOURCE  
**VITAMIN E**  
**400 IU**

d-ALPHA TOCOPHEROL  
PLUS  
d-GAMMA TOCOPHEROL, d-DELTA TOCOPHEROL  
and d-BETA TOCOPHEROL

NATURAL ANTIOXIDANT\*

GLUTEN, WHEAT & DAIRY FREE

250 SOFTGELS

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Softgel

| Amount Per Serving   | %DV    |       |
|--|--------|-------|
| Calories   | 5      |       |
| Calories from Fat  | 5      |       |
| Total Fat  | 0.5 g  | 1%**  |
| Vitamin E  | 400 IU | 1333% |
| (as d-Alpha Tocopherol plus d-Gamma, d-Delta and d-Beta Tocopherols) |        |       |

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet

Other Ingredients: Gelatin, Safflower Oil, Vegetable Glycerin.

**FREE OF: Gluten, Wheat, Dairy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.**

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) softgel daily, preferably with a meal or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

