

Calcium and Vitamin D help build and maintain strong bones. Adequate calcium and Vitamin D throughout life, as part of a well-balanced diet, are important factors that may reduce the risk of osteoporosis. Schiff® Calcium Plus Magnesium also provides 400 IU Vitamin D per serving to help build healthy bones and teeth, reduce bone loss and improve the absorption of calcium.* Magnesium helps the body utilize calcium and supports production of cellular energy.*

★ THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

NOTE: If you are pregnant, lactating or on prescribed medication, consult your physician before using.



GUARANTEED: No added sugar (sucrose, fructose, lactose), salt (sodium chloride), yeast, wheat, gluten or milk. No preservatives or artificial flavors.

GUARANTEED for purity, freshness and labeled potency.



Schiff® SURE DISSOLVE softgels are formulated to disintegrate within one hour.



Schiff
SINCE 1936



Calcium

**NEW
LOOK**

Plus Magnesium

- ✓ Supports healthy bones & teeth*
- ✓ 400 IU Vitamin D3 per serving for better calcium absorption

100 Softgels

Dietary Supplement

Directions: Take two (2) softgels daily with a meal or for best results, take one (1) softgel twice daily with a meal.

Supplement Facts

Serving Size Two (2) Softgels
Servings Per Container 50

Amount Per Serving	% Daily Value*	
Calories	15	
Calories from Fat	10	
Total Fat	1.5 g	2%
Vitamin D (Vitamin D3 as cholecalciferol)	400 IU	100%
Calcium (as calcium carbonate)	600 mg	60%
Magnesium (as magnesium oxide)	300 mg	75%

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other ingredients: Soybean oil, gelatin, water, glycerin, titanium dioxide, white beeswax, soy lecithin.

Contains soy.

Distributed by: SCHIFF NUTRITION GROUP, INC.
SALT LAKE CITY, UT 84104 USA

For information call:

1-800-526-6251 (8am-5pm MST M-F)

www.schiffvitamins.com

KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.

**LOT:
EXP:**

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