

# SPRING VALLEY™

COLD-PRESSED

# Flaxseed Oil

**1000 mg** PER SOFTGEL

DIETARY SUPPLEMENT

**450 mg Omega-3**

 **HEART HEALTH\***

Flaxseed Oil is a non-fish source of essential Omega-3 and Omega-6 fatty acids that support heart and joint health.\*

**200 SOFTGELS**

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%†
Polyunsaturated Fat	0.5 g	††
Organic Flaxseed Oil	1 g (1,000 mg)	††
which typically contains:		
Alpha-Linolenic Acid (Omega-3)	450 mg	††
Linoleic Acid (Omega-6)	110 mg	††
Oleic Acid (Omega-9)	110 mg	††
Other Fatty Acids	50 mg	††

†Percent Daily Values are based on a 2,000 calorie diet.

††Daily Value not established.

**OTHER INGREDIENTS:** Gelatin, Glycerin, Caramel Color.

**DISTRIBUTED BY:**

Wal-Mart Stores, Inc.,

Bentonville, AR 72716

PRODUCT OF CANADA, CHINA

**SUGGESTED USE:** Adults, take one softgel three times daily, preferably with a meal.

**NO**

Gluten, Yeast, Wheat, Milk or Milk Derivatives, Lactose, Sugar, Preservatives, Soy, Artificial Flavor, Sodium (less than 5 mg per serving), Chemical Solvents

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**KEEP OUT OF REACH OF CHILDREN.**

Store at room temperature 59° - 86°F (15° - 30°C). Keep bottle tightly closed.

**FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

The Flaxseed Oil in this product is 100% SOLVENT FREE.

**• QUALITY GUARANTEED •**

Spring Valley™ products are produced under strict quality guidelines. If you are unhappy with this product, we'll replace it or refund your money. For questions or comments call 1-866-251-1662. [Walmart.com/springvalley](http://Walmart.com/springvalley)

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

FRESHNESS AND POTENCY GUARANTEED THROUGH:

Item No. 1458  
B1452W 02A