

Supplement Facts

Serving Size 1 Teaspoon (5g)
Servings Per Container 24

Amount Per Serving		%DV
Glutamine (as L-glutamine)	5g	**

** Daily Value (DV) not established.

OTHER INGREDIENTS: Contains pure glutamine powder. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

DOSAGE: Mix 1-2 rounded teaspoonfuls in 8-12 oz. of your beverage of choice. For optimal results, try using it in your favorite protein shake or meal replacement powder.

WARNINGS: Keep out of reach of children. Before beginning any program, consult your health care practitioner.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

ERC

Plant #3001104580

MADE PROUDLY IN THE U.S.A.
Formulated, Tested & Manufactured By:

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Nutrition**
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GLUTAMINE™

Recovery Supplement

120g

Pure L- Glutamine | Finest Pharmaceutical Grade Amino Acid | Full 5000mg of Glutamine Per Serving

WHO WE ARE Universal Nutrition has been providing cutting edge and staple nutritional supplements to bodybuilders and hard training athletes the world over since 1977. As time passes, certain ideals never go out of style. Honesty. Integrity. Respect. These are the values we uphold and are the bedrock upon which we built our business. **WHAT IT IS** Glutamine Powder™ provides the purest L-glutamine powder available. Glutamine is a "conditionally" essential pro-anabolic amino acid and is the most abundant amino acid in muscle. Glutamine may be the most important variable in promoting optimum protein synthesis, while helping block cortisol to prevent protein breakdown in muscle. * **HOW WE BACK IT UP** What is on the label is in the bottle and what is in the bottle will help you reach your goals. We believe it and proudly stand behind every product we manufacture. Our word is our bond.

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