

Country Life® uses only Suntheanine®, a form of L-Theanine with over 50 studies and patents. L-Theanine has been referred to as the happy amino for its ability to help reduce stress.** It has also been shown to help diminish normal symptoms of PMS when taken 400 mg daily. **

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

†Suntheanine® is a registered trademark of Taiyo International, Inc. Use of Suntheanine® is protected by U.S. Trademark Registration No. 2,548,957 and U.S. Patent Nos. 6,831,103; 6,589,566.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS
WIND POWER
YES KOSHER-PARVE

NO YEAST, WHEAT OR CORN
NO SOY, MILK OR SALT
NO SUGAR OR PRESERVATIVES
NO ARTIFICIAL COLORS,
FLAVORS OR SWEETENERS
NO GMOs

Lot No:

Best by:



Dietary Supplement **30** Vegan Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —

Country Life®

L-THEANINE

200 mg

Suntheanine®

Certified Gluten-Free

- Gently soothes away the tension**
- Helps reduce stress**
- Includes Vitamin B-6 for utilization**

Directions: Adults take one (1) capsule daily on an empty stomach. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

| Amount Per Serving | % Daily Value | |
|---|---------------|------|
| Vitamin B-6 (as pyridoxine hydrochloride) | 5 mg | 250% |
| Suntheanine® L-Theanine† | 200 mg | * |

* Daily Value not established.

Other Ingredients: Cellulose (capsule shell), cellulose, magnesium stearate, silica.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.**

This product has been manufactured at a GMP Registered facility.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
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