

Vitamin D aids in the absorption of calcium, helping to form and maintain healthy bones and teeth.\* It also supports colon and immune health.\* The Vitamin D<sub>3</sub> found in this product comes from lanolin, a sustainable and safe source. Also available in 1000 and 2500 IU strengths.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**YES** CERTIFIED GLUTEN-FREE BY GFCO.ORG

**YES** RECYCLABLE PACKAGING

**YES** MANUFACTURING SUPPORTS  
WIND POWER

**NO** YEAST, CORN OR WHEAT

**NO** SOY OR MILK

**NO** SALT OR SUGAR

**NO** PRESERVATIVES

**NO** ARTIFICIAL COLORS,  
FLAVORS OR SWEETENERS

**NO** MAGNESIUM STEARATE

**NO** GMOs

Lot No:

This product  
has been  
manufactured  
at a GMP  
Registered  
facility.

Best by:

02G16NL



ESTABLISHED  
— 1971 —  
**Country  
Life**

# VITAMIN D<sub>3</sub>

5000 I.U.

Non-fish liver source

Certified Gluten-Free

- Promotes bone, dental and immune health\*
- Supports colon health\*
- From sustainable source

Dietary  
Supplement

200 Softgels

— Our PLEDGE of INTEGRITY —  
AUTHENTICITY • CLEANLINESS • FRESHNESS  
CONSISTENCY • ACCURACY

**Directions:** Adults take one (1) softgel daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

Serving Size 1 softgel

Amount Per Serving	% Daily Value	
Vitamin D (D <sub>3</sub> ) (as cholecalciferol - from Lanolin)	5000 I.U.	1,250%

Other Ingredients: Medium chain triglycerides, gelatin, glycerin, purified water (capsule shell).

100% bovine gelatin, BSE-free.

**CAUTION:** If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

**Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.**

Manufactured for Country Life, LLC  
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