Prenatal

Multivitamin/Multimineral with Folic Acid DIETARY SUPPLEMENT

Q PRENATAL HEALTH*

Formulated to supply nutrients that support overall wellness before, during, and after pregnancy.*

✓ For Use Before, During & After Pregnancy

240 TABLETS

Supplement Facts

Serving Size 1 Tablet

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Amount Per Serving	% Daily Value for Pregnant and Lactating Women			% Daily Value for Pregnant and Lactating Women	
Vitamin A (as Beta-Carotene)	4,000 IU	50%	Vitamin B-6	2.6 mg	104%
Vitamin C (as Ascorbic Acid)	120 mg	200%	(as Pyridoxine Hydrochloride)		
Vitamin D (as D3 Cholecalciferol)	400 IU	100%	Folic Acid	800 mcg	100%
Vitamin E	30 IU	100%	Vitamin B-12 (as Cyanocobalamin)	8 mcg	100%
(as dl-Alpha Tocopheryl Acetate)			Calcium (as Calcium Carbonate)	200 mg	15%
Thiamin	1.8 mg	106%	Iron (as Ferrous Fumarate)	28 mg	156%
(Vitamin B-1) (as Thiamin Mononitrate)			Todine (as Potassium Todide)	150 mcg	100%
Riboflavin (Vitamin B-2)	1.7 mg	85%	Zinc (as Zinc Oxide)	25 mg	167%
Niacin (as Niacinamide)	20 mg	100%		,	

OTHER INGREDIENTS: Cellulose (Plant Origin), Croscarmellose, Contains <2% of: Calcium Silicate, Cellulose Coating, Dicalcium

No
Artificial Flavor, Sodium (less than 5 mg per serving)

Artificial Flavor, Sodium (less than 5 mg per serving) Phosphate, Gelatin, Mannitol, Starch, Vegetable Magnesium Stearate, Vegetable Stearic Acid, CONTAINS: FISH (COD, CUSK, FLOUNDER, HADDOCK, HAKE, POLLOCK, REDFISH, SOLE) INGREDIENTS.

DISTRIBUTED BY: Wal-Mart Stores, Inc., Bentonville, AR 72716

SUGGESTED USE: Adults, take one tablet daily. preferably with a meal.

Gluten, Yeast, Wheat, Milk or Milk Derivatives,

WARNING: If you are pregnant, nursing, taking any medications. planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or Poison Control Center immediately

 QUALITY GUARANTEED For questions or comments call 1-866-251-1662 Walmart.com/springvalley