

COLD-PRESSED

Flaxseed Oil

1200 mg PER SOFTGEL

DIETARY SUPPLEMENT 540 mg Omega-3

(♥) HEART HEALTH*

Flaxseed Oil is a non-fish source of essential Omega-3 and Omega-6 fatty acids that support heart and joint health.*

200 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Servin	ig % Daily \	/alue
Calories	15	
Calories from Fat	10	
Total Fat	1 g	2%†
Polyunsaturated Fat	1 g	tt
Organic Flaxseed Oil which typically contai	1.2 g (1,200 mg) ns:	††
Alpha-Linolenic Acid (Omega-3) 540 mg		- ††
Linoleic Acid (Omega		- ††
Oleic Acid (Omega-9) 132 mg		- ††
Other Fatty Acids 60 n	na	++

OTHER INGREDIENTS: Gelatin, Glycerin, Caramel Color.

DISTRIBUTED BY: Wal-Mart Stores, Inc., Bentonville, AR 72716 PRODUCT OF CANADA, CHINA

††Daily Value not established.

SUGGESTED USE: Adults, take one softgel two to three times daily, preferably with a meal.

NO

Gluten, Yeast, Wheat, Milk or Milk Derivatives, Lactose, Sugar, Preservatives, Soy, Artificial Flavor, Sodium (less than 5 mg per serving), Chemical Solvents

/ARNING: If you are pregnant, nursing, taking ny medications or have any medical condition, onsult your doctor before use. Discontinue use nd consult your doctor if any adverse reactions

CEEP OUT OF REACH OF CHILDREN.

Store at room temperature 59°- 86°F (15°- 30°C). Keep bottle tightly closed.

OR YOUR PROTECTION, DO NOT USE IF SEAL

QUALITY GUARANTEED

Spring Valley™ products are produced under strict quality guidelines. If you are unhappy with this product, we'll replace it or refund your money.

For questions or comments call 1-866-251-1662. Walmart.com/springvalley

VERIFIED BY AN INDEPENDENT, CERTIFIED LABORATORY.

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