

DIRECTIONS: FOR ADULTS, TAKE ONE (1) SOFTGEL ONE TO TWO TIMES DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%Daily Value
Vitamin C (as Ascorbic Acid and Rose Hips)	500 mg	833%
Vitamin E (as d-Alpha Tocopherol plus d-Beta, d-Gamma and d-Delta Tocopherols)	400 IU	1,333%

Other Ingredients: Gelatin, Glycerin, Soybean Oil, Soy Lecithin, Yellow Beeswax, Caramel Color.

No Artificial Flavor, No Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.



KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Sundown
Naturals[®]

C & E COMPLEX

C 500 MG | NATURAL E 400 IU

Promotes Antioxidant Health*

50 SOFTGELS VITAMIN SUPPLEMENT

Smart Facts

Enjoy the enriching qualities of two excellent vitamins combined into one convenient supplement. Vitamin C and Vitamin E work together to support the immune system.* Some scientific evidence suggests that consumption of antioxidant vitamins such as Vitamin C and Vitamin E may reduce the risk of certain forms of cancer. However, the FDA has determined that this evidence is limited and not conclusive.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownnaturals.com

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