

**Discover Nature's Answer**

and trust  
the Difference...™

The True Nature of Our Standards  
go way beyond the herb...™



**NATURE'S ANSWER**

Since 1972

ADVANCED BOTANICAL FINGERPRINT TECHNOLOGY™

**Cascara Sagrada**

*Rhamnus purshiana*

**850 mg**

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Dietary Supplement

90 Vegetarian Capsules

Vegetarian/Vegan  
Gluten-Free

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 45

Amount Per Serving	% Daily Value
Cascara Sagrada ( <i>Rhamnus purshiana</i> ) Bark	850 mg †

† Daily value not established.

**Other Ingredients:** Vegetable Cellulose, Rice Flour, Calcium Silicate.

**Suggested Use:** As a dietary supplement take two (2) capsules daily, or as needed with food or water.

**CAUTION:** This product contains Cascara Sagrada (*Rhamnus purshiana*). Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pains, because Cascara Sagrada may worsen these conditions and be harmful to your health. Consult your healthcare practitioner if you have frequent diarrhea, or any other medical condition. Do not use for more than 7-10 days. **WARNING:** Keep Out Of Reach Of Children. Do not use if safety seal is damaged or missing. If pregnant, nursing or on medication, consult with your healthcare practitioner.

For product information, call (800) 439-2324.

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Store in a cool, dry place.

