

Wild caught. Pure. No fishy aftertaste.

NORDIC



NATURALS®

# Supplement Facts

Serving Size: 1 Teaspoon (5 mL) Servings per bottle: 24

Amount Per Serving	% Daily Value*	
Calories	45	
Calories from fat	45	
Total Fat	5.0 g	8%
Saturated Fat	0.2 g	1%
Trans Fat	0 g	†
Cholesterol	10 mg	3%
Total Omega-3s	2960 mg	†
EPA (Eicosapentaenoic Acid)	1450 mg	†
DHA (Docosahexaenoic Acid)	1060 mg	†
Other Omega-3s	450 mg	†

Please Recycle this container

Rev.D-03

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Ingredients:** purified deep sea fish oil (from anchovies and sardines), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.

- ✓ Healthy Heart\*
- ✓ Brain Health\*
- ✓ Optimal Wellness\*

Great lemon taste!



# ULTIMATE® OMEGA

2960 mg Omega-3

High-intensity omega-3 for optimal heart, immune, and cognitive health\*

Superior Triglyceride Form



Dietary Supplement | 4 fl oz/119 mL

Ultimate Omega® offers 2960 mg omega-3s for more high-intensity essential fatty acid support per serving. Ultimate Omega helps optimize immune function, supports heart and brain health, and promotes joint mobility.\*

Every batch of Nordic Naturals fish oils is tested by a third-party certified lab for environmental toxins, including heavy metals. All fish oils are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.

**Suggested Use:** One-half to one teaspoon daily, with food, or as directed by your health care professional or pharmacist.

**Do not take if tamper-evident seal is broken or missing. Refrigerate after opening. Best if used within 3 months after opening. Keep out of the reach of children. Nordic Naturals products are never sold under any store brand.**

**Warning:** Consult with your physician before using this product if you are allergic to iodine, use blood thinners, or anticipate surgery.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Fish oil processed in Norway. Distributed from the U.S. by: NORDIC NATURALS, INC., Watsonville, CA 95076

800.662.2544

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