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product info

Read the entire label and follow the directions carefully prior to use.
DIRECTIONS: Take one (1) to four (4) capsule(s) daily with or without food, or as recommended by a healthcare practitioner.

Benfotiamine is the fat soluble form of vitamin B1 clinically tested to offer protection against advanced glycation end products, typically associated with aging.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.



Q00925D

LifeExtension®

Mega Benfotiamine 250 mg



Fat & Water Soluble Vitamin B1

Dietary
Supplement

120 Vegetarian
Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value
Thiamine (vitamin B1) (as thiamine HCl)	10 mg 667%
Benfotiamine	250 mg **

**Daily Value not established.

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, dicalcium phosphate, rice flour, vegetable stearate, silica.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309

info@lifeextension.com • www.lef.org

To report a serious adverse event or obtain product information, contact 1-866-280-2852.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.