



# calcium citrate + vitamin D

well absorbed form of  
chelated calcium

mineral  
120 tablets  
dietary supplement

bones<sup>v</sup>  
teeth<sup>v</sup>

gluten  
free

dairy  
free

soy  
free

nut  
free

actual  
size



## Supplement Facts

Serving Size 4 Tablets  
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin D (as ergocalciferol)	400 IU	100%
Calcium (as calcium citrate)	1000 mg	100%

\* Daily Value not established.

**Other ingredients:** Microcrystalline cellulose, stearic acid, croscarmellose sodium, silicon dioxide, magnesium stearate, pharmaceutical glaze, hypromellose, carnauba wax, glycerin.

**Does not contain:** Wheat, Gluten, Sugar, Salt, Soy, Dairy, Citrus, Fish, Animal Derivatives, Artificial Colors or Flavors.

<sup>v</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** As a dietary supplement, take four (4) tablets daily, preferably with meals.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT  
Do not use if outer seal is broken or missing.

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