

Suggested Usage: Take 1 capsule 1 to 2 times daily.

Alpha Lipoic Acid (ALA) is naturally produced in the human body in very small amounts, but is also available through food sources. ALA is unique because it supports the body's free radical scavenging systems and can function in both water and fat environments.* ALA can also recycle the antioxidant Vitamins C and E, thereby extending their activities.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet.
Keep in Bottle.

Natural color variation may occur
in this product.

CAPSULE SIZE

CODE 3041 V3



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Alpha Lipoic Acid 100 mg

Free Radical Scavenger*

- Supports Glutathione Production*
- With Vitamins C & E

120 Veg Capsules



A Dietary Supplement Vegetarian/Vegan

General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	250 mg	417%
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU	100%
Alpha Lipoic Acid	100 mg	†

† Daily Value not established.

Other ingredients: Rice Flour, Cellulose (capsule), Magnesium Stearate (vegetable source) and Silica.

Vitamin E from non-GMO soy.

NOW FOODS, 395 S. Glen Ellyn Rd.

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Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

