



Norwegian Fish Oil Concentrate

Med Omega™

Professional Strength
2800 mg of Omega-3s



Lemon-Lime
Flavor

DIETARY SUPPLEMENT

Promotes Heart, Brain,
Vision and Joint Health®

3.3 fl oz (100 mL)

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Supplement Facts

Serving Size: 1 Teaspoon (5 mL)

Servings Per Container: 20

Each Teaspoon Contains	% DV†
Calories	40
Calories from Fat	40
Total Fat	4.5 g 9%**
Saturated Fat	1 g 2%
Polyunsaturated Fat	2 g 4%
Monounsaturated Fat	1 g 2%
Cholesterol	15 mg 3%
Vitamin E (as d-alpha-tocopherol)	15 IU 30%
Omega-3 Fatty Acids‡	2800 mg †
EPA (Eicosapentaenoic Acid)§	1200 mg †
DHA (Docosahexaenoic Acid)§	1200 mg †

** Percent Daily Value is based on a 2000-calorie diet.

† Daily Value (DV) not established. ‡ Represents combined EPA and DHA.

Other Ingredients: Natural lemon-lime flavor; non-GMO mixed tocopherols. Contains fish (anchovy, sardine, mackerel).

Directions: Take one teaspoon daily, at mealtimes.

Refrigerate: To retain freshness after initially opening the bottle, keep refrigerated and preferably use within 60 days.

Manufactured & Bottled in Norway for
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Carlson

Specializing in the finest
Norwegian fish oils since 1982

Medical scientists internationally are encouraging people to eat more fish. Fish body oil is a major source of the polyunsaturated-omega-3s EPA and DHA.

Carlson MedOmega™ fish oil is a highly concentrated, balanced professional-strength fish oil which supplies 1200 mg of EPA and 1200 mg of DHA per teaspoon.

PURITY GUARANTEED

This product is regularly tested (using AOAC International protocols) for freshness, potency and purity by an independent, FDA registered laboratory and has been determined to be fresh, fully potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.



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