

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN  
USE ONLY IF SAFETY SEAL IS INTACT

### Recommendations

1 or 2 capsules at bedtime or as directed  
by your healthcare professional.

### Warning

If pregnant, consult your physician before  
taking.

**EXCLUDES** COATINGS, BINDERS, GLUTEN (WHEAT, RYE,  
BARLEY)<sup>†</sup>, MILK/DAIRY (CASEIN, WHEY)<sup>†</sup>, SOY PROTEIN<sup>†</sup>,  
EGG PROTEIN<sup>†</sup>, SUGAR.

<sup>†</sup>VERIFIED BY INDEPENDENT TESTING



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NUTRIENTS

Melatonin  
3mg

DIETARY SUPPLEMENT

60 VEGETARIAN CAPSULES

## Supplement Facts

serving size: 2 vegetarian capsules  
servings per container: 30

	amount per serving
Melatonin	6mg*

\* Daily Value not established

Other Ingredients: Rice Powder, Vegetable  
Cellulose Capsule, and Ascorbyl Palmitate.

Raw materials and finished products are  
independently tested by U.S. labs.  
Learn more at [vitalnutrients.net](http://vitalnutrients.net)

manufactured by  
**VITAL NUTRIENTS**  
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