

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

6 93465 30511 9

Recommendations

1 to 2 capsules 1 or 2 times daily, or
as directed by your healthcare
professional.

Warning

If pregnant, consult your physician
before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN (WHEAT,
RYE, BARLEY)[†], MILK/DAIRY (CASEIN, WHEY)[†], SOY
PROTEIN[†], EGG PROTEIN[†], SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING

Raw materials and finished products are
independently tested by U.S. labs.
Learn more at vitalnutrients.net


VITAL
NUTRIENTS

Magnesium
(citrate)
150mg

DIETARY SUPPLEMENT

100 CAPSULES

Supplement Facts

serving size: 2 capsules
servings per container: 50

	amount per serving	% daily value
Magnesium (as magnesium citrate)	300mg	75%

Other Ingredients: Gelatin Capsule, Magnesium
Silicate, and Ascorbyl Palmitate.

manufactured by
VITAL NUTRIENTS
45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA

REV. 116