



# calcium magnesium zinc

2:1 calcium  
to magnesium ratio

mineral  
300 tablets  
dietary supplement

bones<sup>v</sup>  
teeth<sup>v</sup>

gluten  
free

dairy  
free

soy  
free

nut  
free

actual size



## Supplement Facts

Serving Size 3 Tablets

Servings Per Container: 100

	Amount Per Serving	% Daily Value
Calcium (as calcium carbonate, calcium aspartate and calcium citrate)	1500 mg	150%
Magnesium (as magnesium oxide, magnesium aspartate and magnesium gluconate)	750 mg	187%
Zinc (as zinc oxide, zinc aspartate and zinc gluconate)	45 mg	300%

**Other ingredients:** Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, hypromellose, polydextrose, titanium dioxide, maltodextrin, medium chain triglycerides.

**Does not contain:** Yeast, Wheat, Gluten, Sugar, Salt, Soy, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

**v** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** As a dietary supplement, take three (3) tablets daily, preferably with meals.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

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