

Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®



Milk Thistle Extract
(*Silybum marianum*)
is standardized to

80% silymarin.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Milk Thistle extract is carefully tested and produced to superior quality standards.

SATISFACTION GUARANTEED.

Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. **Keep out of reach of children.**

BLK8029B
LN62400.B02



Milk Thistle

Standardized



vegetarian
CAPSULE

60 Capsules / 80% Silymarin

DIETARY SUPPLEMENT

Recommendation: Take 1 capsule three times daily with food or water.

Caution: Persons with allergies of the Asteraceae (including ragweed) should use this product with caution. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% DV
Milk Thistle extract (seed), 80% silymarin (140 mg)	175 mg	**
Blessed Thistle (stem, leaf, flower)	120 mg	**

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (modified cellulose), cellulose

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Green Bay, WI 54311 USA