



Mellow Mood™

with GABA

DIETARY SUPPLEMENT

Promotes Calmness with Mental Clarity*
120 Capsules

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Capsule

	Amount Per Capsule	% DV
Vitamin C (ascorbic acid)	90 mg	150%
Thiamin (Vitamin B-1)(from thiamin HCl)	10 mg	667%
Riboflavin (Vitamin B-2)	10 mg	588%
Niacin (as niacinamide)	25 mg	125%
Vitamin B-6 (as pyridoxine HCl)	25 mg	1250%
Folate	200 mcg	50%
Vitamin B-12 (as cyanocobalamin)	50 mcg	833%
Pantothenic Acid (from d-calcium pantothenate)	10 mg	100%
Magnesium (from Mg oxide and Mg citrate)	50 mg	13%
L-Theanine	100 mg	**
GABA (Gamma Aminobutyric Acid)	200 mg	**
** Daily Value (DV) not established.		

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, silicon dioxide, magnesium stearate (veg.), beef gelatin capsule.

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To Promote a Healthy Mood.*

Mellow Mood™ is a multi-nutrient formula designed to promote calmness and mental clarity.* It contains B vitamins, GABA and L-Theanine to help promote a healthy mood.*

Directions: Adults take one capsule 1 to 3 times daily, **at mealtime**. Keep bottle tightly closed. **Store away from heat and moisture. Humidity may cause a darker color.**

✓ **Gluten-free** ✓ **Sugar-free**
✓ **Preservative-free**

Warning: Do not take if you are pregnant or lactating. May cause drowsiness in some individuals. Keep out of reach of children.

POTENCY & QUALITY GUARANTEED

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