

Fiber Fusion™ DAILY gentle cleansing fiber

Supplement Facts

Serving Size 1 packet (3.2 g)

Amount Per Serving		%DV
Calories	10	
Total Carbohydrate	3 g	1%†
Dietary Fiber	2 g	8%†
Soluble Fiber	<1 g	**
Insoluble Fiber	1 g	**
Proprietary Fiber Blend	2.1 g	**
psyllium husk, glucomannan, oat bran, guar gum seed extract, marshmallow root extract, and pectin (from citrus fruit)		
Stevia Leaf Extract	33 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: cellulose, malic acid, natural lemon flavor with other natural flavors, citric acid, silicon dioxide

Recommendation: Mix 1 packet in 8-10 oz of water or your favorite beverage.

Caution: Taking this product without adequate water may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. If pregnant, nursing, or taking prescription drugs, consult a healthcare professional before use.

Contains no sugar, salt, yeast, soy, dairy products, artificial colors, flavors or preservatives.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Gentle Renewal™ 5-Day Cleanse helps to remove toxins and revitalizes in between seasonal cleansing.*

A perfect companion to Whole Body Cleanse™ internal cleansing system, **Gentle Renewal 5-Day Cleanse** is for you to use anytime you feel the need.

Your body. Your health. Your way.™

This kit has everything you need for a gentle 5-day cleanse, including an insert with additional tips on lifestyle, exercise and diet.*

Back from vacation? Regretting an over-indulgent weekend? **Gentle Renewal™ 5-Day Cleanse** helps you feel your best inside and out.* Its unique fiber and triple-action cleansing formulas help provide thorough cleansing and keeps you regular in between times of more comprehensive cleansing.*

The 5-Day Turnaround:

- Eliminate toxins and excess waste*
- Relieve occasional constipation, bloating, and digestive discomfort*
- Keep your digestive system running smoothly*

Recommendation: Take at bedtime as follows:

Day(s)	Triple-Action Cleansing Formula	Fiber Fusion™ DAILY gentle cleansing fiber
1	4 tablets with 8 oz of water	Start on day 2
2-4	4 tablets with 8 oz of water	1 packet mixed with 8-10 oz of water
5	2 tablets with 8 oz of water	1 packet mixed with 8-10 oz of water

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GENTLE RENEWAL™ 5-DAY CLEANSE

Supports colon health*

Relieves occasional constipation and bloating*

Non-stimulant laxative for gentle results*

1-TRIPLE-ACTION CLEANSING FORMULA, 18 TABLETS

1-FIBER FUSION™ DAILY, LEMON FLAVORED, 4 PACKETS

DIETARY SUPPLEMENT

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Triple-Action Cleansing Formula

Supplement Facts

Serving Size 4 tablets

Servings per Container 4.5

Amount Per Serving	%DV
Calories	5
Total Carbohydrate	1 g <1%†
Dietary Fiber	1 g 4%†
Magnesium Hydroxide	1.7 g **
Proprietary Activation Blend	621 mg **
burdock root extract, baldo leaf extract, red clover blossom extract, black radish root, dandelion root extract, turmeric rhizome extract, and artichoke leaf extract	
Proprietary Lubrication Blend	433 mg **
marshmallow root extract, slippery elm bark, and fenugreek seed extract	
Proprietary Soothing Blend	100 mg **
fennel seed, ginger rhizome extract, and peppermint leaf	

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: cellulose, modified cellulose gum, stearic acid, silicon dioxide, modified cellulose, magnesium stearate, vegetable glycerin, acacia, organic malted dextrin

Triple-Action Cleansing Formula continued

Recommendation: Day 1 through Day 4: Take 4 tablets at bedtime with 8 ounces of water. **Day 5:** Take 2 tablets at bedtime with 8 ounces of water. Reduce dosage if you experience abdominal discomfort or diarrhea. If discomfort persists, discontinue use.

Warning: Consult a healthcare professional if a sudden change in bowel habits occurs and persists for more than five days. Rectal bleeding or failure to have a bowel movement after use of a laxative may indicate a serious condition; discontinue use and consult a healthcare professional. Do not use if pregnant or nursing. Unless directed by a healthcare professional, do not use laxative products when abdominal pain, nausea, or vomiting is present, or if you have kidney disease. Do not take more than 4 tablets in a 24-hour period or use the maximum dosage for more than five days. If taking prescription drugs, consult a healthcare professional before using Triple-Action Cleansing Formula.

Contains no sugar, yeast, wheat, corn, soy, dairy products, artificial colors, flavors or preservatives.

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VEGETARIAN

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