

**Suggested Usage:** Take 1 tablet 1 to 5 times daily in separate servings. Take with food and at least 8 oz. of water or other beverage.

Potassium is an essential mineral that is widely distributed among food sources, with especially high levels present in fruits and vegetables. Potassium is critical for the maintenance of normal whole-body and cellular fluid levels, as well as for the maintenance of acid-base balance.\* It is also necessary for proper muscle contraction, the maintenance of healthy heart function, and for the transmission of nerve impulses.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking any medications (especially those that may affect kidney function or blood potassium levels), or have a medical condition (especially heart/kidney condition or diabetes). Keep out of reach of children.

TABLET SIZE

CODE 1460B VS



# Potassium Gluconate

## 99 mg

Essential Mineral

- Supports Electrolyte Balance & Normal pH\*
- Proper Muscular Contraction\*
- Easier to Swallow Tablet

100 Tablets

A Dietary Supplement    Vegetarian/Vegan



Minerals

Family owned since 1968.

## Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Potassium (from Potassium Gluconate)	99 mg	3%

Other ingredients: Cellulose, Stearic Acid (vegetable source), Silica and Magnesium Stearate (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA    [nowfoods.com](http://nowfoods.com)

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Natural color variation may occur in this product.

