



Molecularly Distilled | Guaranteed Purity

Research shows that healthy DHA levels in mothers during pregnancy and lactation support optimal brain and visual development in babies.\* Prenatal DHA provides mood support for mothers before, during, and after pregnancy in small, easy-to-swallow soft gels.\*

The DHA requirement of a developing baby increases dramatically as pregnancy progresses and brain growth accelerates. This fatty acid is concentrated in the brain and retina where it is a critical component of cell membranes. Maternal diet and lifestyle influence the amount of omega-3s that are available to the growing baby. As the official omega-3 of the American Pregnancy Association, Nordic Naturals Prenatal DHA is an exceptionally pure and trusted source of DHA and vitamin D3. Also available in unflavored Prenatal DHA.

**Wild caught. Pure. No fishy aftertaste. Friend of the Sea certified.**

**Suggested Use:** Two soft gels daily, with food, or as directed by your health care professional or pharmacist.

**Store in a cool, dry place, away from sunlight**

**Do not take if tamper-evident seal is broken or missing**

**Product protected by U.S. patent #s 6346231 & 6641837**

**Keep out of the reach of children**

**Warning:** Consult with your physician before using this product if you are allergic to iodine, use blood thinners, or anticipate surgery.



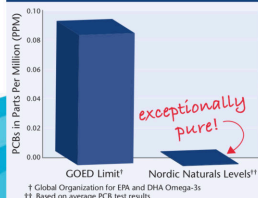
**Guaranteed Purity. Lab Certified.**

Every batch of Nordic Naturals fish oils is tested by a third-party certified lab for environmental toxins, including heavy metals. All fish oils are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.

**Over 400x Purer than the Limit!**

PCBs are a class of man-made organic chemicals that pose risks to human health and the environment. Despite strong restrictions, PCBs persist in the environment and accumulate in animals, including fish. The Global Organization for EPA and DHA Omega-3s has set strict limits on acceptable PCB levels in fish oil products. Nordic Naturals omega oils are over 400 times purer than GOED's limits, guaranteeing that you and your baby consume only the purest, safest omega-3s.

**Nordic Naturals Products are Over 400x Purer than Limit\*\***



**NORDIC NATURALS®**

- ✓ Healthy Pregnancy\* Great
- ✓ Fetal Development\* *tasteful!*
- ✓ Healthy Immunity\* 

# PRENATAL DHA

**580 mg Omega-3 + 400 I.U. D3**  
Supports brain development in babies during pregnancy and lactation\*

Superior Triglyceride Form



**Dietary Supplement**  
500 mg Soft Gels | 90 Count

Please recycle this container



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\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Fish oil processed in Norway. Distributed from the U.S. by: NORDIC NATURALS, INC., Watsonville, CA 95076. 800.662.2544 nordicnaturals.com nordicnaturals.com/nongmo

# NORDIC NATURALS®



- ✓ Healthy Pregnancy\*
- ✓ Fetal Development\*
- ✓ Healthy Immunity\*

# PRENATAL DHA

Great *strawberry taste!* 

**580 mg Omega-3 + 400 I.U. D3**  
Supports brain development in babies during pregnancy and lactation\*

Superior Triglyceride Form



**Dietary Supplement | 500 mg Soft Gels | 90 Count**

## Supplement Facts

Serving Size: 2 Soft Gels	Servings per container: 45	
Amount Per Serving	% Daily Value*	
Calories	10	
Calories from fat	10	
Total Fat	1.0 g	2%
Saturated Fat	0 g	0%
Trans Fat	0 g	†
Vitamin D3 (cholecalciferol)	400 I.U.	100%
Total Omega-3s	580 mg	†
EPA (Eicosapentaenoic Acid)	90 mg	†
DHA (Docosahexaenoic Acid)	450 mg	†
Other Omega-3s	40 mg	†

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.  
‡ Less than 5 mg of Cholesterol per serving.

**Ingredients:** purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, water, glycerin, natural strawberry flavor), natural strawberry flavor, alpha tocopherol, vitamin D3 (cholecalciferol in olive oil).  
No gluten, milk derivatives, or artificial colors or flavors.

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Rev. 4-01

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