



1 serving



Mixed with favorite beverage



8 oz.



shake well



1-3 servings based on protein needs



daily

**Suggested Use:** Take NutraBio Casein before bed and/or between meals when slow digesting protein is desired. Add 1 scoop with 8 ounces of cold water or your favorite beverage to a shaker cup or blender and mix for 25-30 seconds. Vary the amount of liquid to meet your desired taste and consistency. Drink 1-3 servings daily as needed to satisfy your protein requirements. Using nonfat milk instead of water will give you a thicker, creamier shake.

SUSTAINED RELEASE FOR PROLONGED AMINO ACID DELIVERY.

Micellar Casein has a slow absorption rate into the bloodstream, which provides a steady stream of amino acids to muscle cells lasting 4-6 hours. This ensures positive nitrogen retention in muscles for much longer periods compared to whey protein. Casein is best taken at night or in combination with whey protein isolate after workouts to help provide sustained amino acid delivery during the two most crucial times of muscle growth: during sleep and post-training.

NO INFERIOR CASEINATE

NO ADDED SUGARS

NO GLUTEN or BSE/TSE

NO DEXTROSE/MALTODEXTRIN

NO FILLERS or EXCIPIENTS

NO PROPRIETARY BLENDS

NO HIDDEN INGREDIENTS

NO BANNED SUBSTANCES

HIGH CONCENTRATION OF BCAAs & AMINO ACIDS

Shown is the typical amino acid profile per serving which is derived from micellar casein only. Absolutely no ingredients have been added to spike protein values.

Essential Amino Acids (EAAs)		Conditionally Essential Amino Acids (CAAs)		Nonessential Amino Acids (NAAs)	
Tryptophan	340mg	Arginine	895mg	Aspartic Acid	1790mg
Valine**	1512mg	Cysteine	247mg	Serine	1296mg
Threonine	1019mg	Tyrosine	1265mg	Glycine	463mg
Isoleucine**	1265mg	Histidine	648mg	Alanine	772mg
Leucine**	2253mg	Proline	2346mg		
Lysine	1975mg	Glutamic Acid (Glutamine Precursor)	5031mg		
Phenylalanine	1173mg				
Methionine	710mg				

\*\* Branch Chain Amino Acids

Quality and purity since 1996. NutraBio manufactures in our own FDA registered & inspected GMP facility complying with FDA 21 CFR Part 111 regulations.

**MANUFACTURED IN OUR GMP & FDA INSPECTED FACILITY**

FDA Registration: 16906175560

NUTRABIO®

BUILD | REPAIR | RECOVER

100% MICELLAR CASEIN

SLOW DIGESTING PROTEIN

NO FILLERS

NO EXCIPIENTS

NO ADDITIVES

Slow Digesting Anti-Catabolic Protein.  
Ultimate Nighttime Protein  
High Concentration of BCAAs

2lbs

TRUE LABEL  
FULL LABEL DISCLOSURE  
Dietary Supplement | Net Wt. 2lbs (907 grams)

MADE IN OUR GMP & FDA INSPECTED FACILITY

25G PROTEIN

5G BCAAs

①D

UNFLAVORED

Supplement Facts

Serving size: 1 scoop (30.9 grams)  
Servings per container: 29

Amount Per Serving	% Daily Value
Calories 110	
Calories from Fat 5	
Total Fat 0.5g	1%*
Cholesterol 15mg	5%*
Total Carbohydrate 1g	<1%*
Sugars 1g	†
Protein 25g	50%*
Calcium 710mg	70%*
Sodium 30mg	1%*
Potassium 75mg	2%*
Micellar Casein (non-denatured) 30.9g	

\* Percent Daily Values are based on a 2000 calorie diet.  
† Daily Value not established.

OTHER INGREDIENTS: ABSOLUTELY NONE

Allergens: Milk and soy lecithin.  
Kosher, Non-GMO, Gluten Free & BSE/TSE Free.

STORE IN COOL DRY PLACE. SERVING SCOOP INCLUDED  
(MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

This product is intended as a dietary supplement only.  
Do not use as a sole source of nutrition.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NUTRABIO®

WITHOUT COMPROMISE SINCE 1996

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FULL LABEL DISCLOSURE  
NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE