

THORNE RESEARCH

Pure Ingredients, Trusted Results, Worldwide™

VegaLite™

Plant-Based Performance Protein Complex

VANILLA

Gluten-Free • Soy-Free • No Artificial Sweeteners

NET WT. 1.1 OZ. (30.8 G.)

DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 Packet (30.8 g)

Servings Per Container: 1

One Packet (30.8 g) Contains:		% DV
Calories	120	
Calories from Fat	20	
Total Fat	2 g	3%*
Saturated Fat	0.5 g	2%
Trans Fat	0 g	**
Cholesterol	0 mg	0%
Sodium	400 mg	16%*
Total Carbohydrate	1 g	<1%*
Dietary Fiber	1 g	4%*
Sugars	1 g	**
Protein	24 g	48%*
Proprietary Blend†	28 g	
Pea Protein Isolate		**
Rice Protein		**

* Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Flavors, Stevia extract (leaf) (Rebaudioside A 95%), Silicon Dioxide.

Suggested Use: Mix one packet of powder with 10 oz. of water, juice, or preferred beverage daily or as recommended by your health-care practitioner.

Tamper Evident: Use only if package is sealed.

If pregnant, consult your health-care practitioner before using this product.

Store tightly sealed in a cool, dry place.

†VegaLite, Thorne's trade name for proprietary pea / rice protein blend.

Typical Amino Acid Amounts (g) Per Serving:

Alanine	1.0
Arginine	2.0
Aspartic Acid	2.7
Cysteine	0.2
Glutamic Acid	3.9
Glycine	0.9
Histidine	0.6
Isoleucine ▲	1.2
Leucine ▲	1.9
Lysine ▲	1.7
Methionine ▲	0.3
Phenylalanine ▲	1.3
Proline	1.0
Serine	1.1
Threonine ▲	0.9
Tyrosine	0.9
Valine ▲	1.2

▲ Essential Amino Acid



Manufactured By: Thorne Research, Inc.

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