

# Tulsi Sleep

This outstanding combination of stress relieving herbs, including the incomparable Tulsi, Brahmi, Ashwagandha and Shankpushpi provide the restorative energy needed for healthy sleep. Blended with Chamomile, Cardamom & Peppermint this delicious herbal infusion promotes a calm, restful sleep. It is also excellent in helping with jet lag\*.

## Tulsi - A LEGACY OF GOOD HEALTH

- Reduces Stress\*
- Supports the Immune System\*
- Abundant in Antioxidants\*
- Builds Stamina\*
- Powerful Adaptogen\*
- Aids Digestion\*
- Anti Aging\*
- Balances Metabolism\*
- Balances Energy Levels\*
- Uplifts Mood\*

## About Tulsi

Throughout India, Tulsi (also known as Holy Basil) is considered "The Queen of Herbs" and is revered as a sacred plant infused with healing power. Traditionally grown in an earthen pot in every family home or garden, Tulsi's remarkable life-enhancing qualities, noted repeatedly in ancient Indian scriptures dating back 5,000 years, are now here for you to fully enjoy. Namaste!



### DIRECTIONS FOR BEST RESULTS:

Pour freshly boiled water over infusion bag in a large cup. Make sure to cover & steep for 15 minutes for maximum benefits. To soothe restlessness and facilitate a good night's sleep, savor and enjoy before going to bed.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

*There is no difference between the dream and the waking state except that the dream is short and the waking long. Both are the results of the mind.*

— SRI RAMANA MAHARSHI —

At the heart of ORGANIC INDIA is our commitment to be a living embodiment of love and consciousness in action. We work with thousands of small family farmers in India to cultivate tens of thousands of acres of sustainable, organic farmland. All ORGANIC INDIA products promote health and True Wellness and are made with loving care. 🌱 The product you hold in your hands is one link in a chain of love, respect and connectedness between Mother Nature, our farmers, our company and you. By choosing ORGANIC INDIA you are actively participating in our mission to create a sustainable global environment, provide training and a life of dignity to our local farmers, while bringing health and happiness to you.

OUR ORGANIC INDIA FAMILY



TRUE WELLNESS

# Tulsi Sleep

Promotes Calm, Restful Sleep

## Tulsi-Holy Basil with Relaxing, Restorative Herbs

CERTIFIED ORGANIC  
CAFFEINE FREE

18 INFUSION BAGS  
NET WT 1.14 OZ (32.4g)



HERBAL SUPPLEMENT

## Supplement Facts

Serving Size 1 infusion bag (makes 8 fl oz)

	Amount Per Infusion Bag	% DV
Proprietary Organic Blend	1.8 g	
Organic Tulsi (Holy Basil) Blend		
Krishna Tulsi (leaf)		†
Vana Tulsi (leaf)		†
Organic Cardamom (pod)		†
Organic Chamomile (flower)		†
Organic Peppermint (leaf)		†
Organic Shankpushpi (whole plant)		†
Organic Ashwagandha (root)		†
Organic Gotu Kola (Centella) (whole plant)		†
Organic Stevia (leaf)		†

†Daily Value (DV) not established.

GLUTEN FREE • KOSHER • INDIVIDUALLY WRAPPED FOR FRESHNESS

"LET THERE BE PEACE AND LOVE  
AMONG ALL BEINGS OF THE UNIVERSE."

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To enjoy while pregnant or nursing,  
consult a physician before use.



Certified Organic by: Control Union

CU Cert No. 801983

Product produced and processed according  
to NPOP standard of India & USDA-NOP



ORGANIC INDIA is committed to responsible packaging. This carton is made from 100% recycled paperboard, with a minimum of 30% post-consumer content. Our infusion bags are made from unbleached, biodegradable fiber.

Please support our environment by recycling this package.



BATCH NO.:

ENJOY BY:

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