

Suggested Use: Take 1 tablet daily, as a dietary supplement, or as directed by a physician.

Warning: If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)

Best if used by date on bottle. Store in a dry, cool place.

KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

**Vitamin
B-1**
250 mg.
100 TABLETS
Dietary Supplement

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Thiamin (Vitamin B-1) (as thiamin HCl)	250 mg	16,667%
Calcium (as dicalcium phosphate)	18 mg	2%
Phosphorus (as dicalcium phosphate)	14 mg	1%

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, STEARIC ACID, DICALCIUM PHOSPHATE, CROSCARMELLOSE SODIUM, MAGNESIUM STEARATE AND AQUEOUS FILM COATING (PURIFIED WATER, HYDROXYPROPYL METHYLCELLULOSE, POLYETHYLENE GLYCOL).

DISTRIBUTED BY: INDIANA BOTANIC GARDENS, INC.

3401 W. 37TH AVE. HOBART, IN 46342

