

SUGGESTED USE Consume one or more capsules daily or as recommended by a health care professional. For best results take this product with food, preferably a complete meal. This product is most effective when used in conjunction with one of **ANDREW LESSMAN'S Life Rx™** multi-vitamin-mineral formulas. **For answers to questions about the use of this product call 800.800.1200.**

UNSURPASSED.
Purity. Quality. Integrity. Effectiveness.

Andrew Lessman
Andrew Lessman
Founder of ProCaps Labs



QUESTIONS? RE-ORDERS?
CALL 800.800.1200
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LABORATORIES

430 Parkson Road
Henderson, NV 89011

ALL-SOLAR
MANUFACTURING

VITAMIN C-500 PLUS B-COMPLEX

NON-ACIDIC · HYPO-ALLERGENIC
HIGH POTENCY B-COMPLEX · PLUS CALCIUM



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MANUFACTURING

360 Easy-to-Swallow Capsules

Andrew Lessman's VITAMIN C-500 plus B-COMPLEX is a 100% additive-free, all-natural complex of Vitamin C plus all the essential B-Complex vitamins. The Vitamin C in this product is entirely in the form of a water-based mineral ascorbate (Calcium Ascorbate), which is entirely non-acidic, so it is guaranteed to not upset your stomach. This special form of Vitamin C promotes the greatest utilization of Vitamin C without the stomach discomfort, loss of potency and rapid nutrient loss associated with ordinary Ascorbic Acid. Vitamin C is a powerful antioxidant that supports the health of numerous body tissues and systems. Finally, because they are easily depleted by stress, including illness and strenuous exercise, and are key factors in the metabolism of food and creation of energy in the body, we include high potencies of all of the B-Complex vitamins.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 Capsule	Servings Per Container 360	
Amount Per Serving		%DV*
Vitamin C (as calcium ascorbate) 500 mg		833%
Vitamin B1 (as thiamin hydrochloride) 10 mg		667%
Vitamin B2 (as riboflavin) 10 mg		588%
Niacin (as niacinamide) 20 mg		100%
Vitamin B6 (as pyridoxine hydrochloride) 10 mg		500%
Folic Acid 200 mcg		50%
Vitamin B12 (as cyanocobalamin) 100 mcg		1667%
Biotin 300 mcg		100%
Pantothenic Acid (as calcium pantothenate) 10 mg		100%
Calcium (as calcium ascorbate/pantothenate) 62 mg		6%

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.

Other Ingredients: Gelatin capsule.

NO ADDITIVES.