

Suggested Usage: Take 3 softgels daily with food.

NOW® Evening Primrose Oil has naturally occurring Gamma Linolenic Acid (GLA), an Omega-6 fatty acid also found in Borage and Black Currant Seed Oils. Although the body can synthesize GLA from other dietary fats, it can be more efficiently utilized for bodily functions when consumed in its preformed state.* By supporting the body's healthy immune system responses, GLA may help to maintain normal skin barrier function, as well as a healthy vascular system.* It may also be used as nutritional support for mild discomfort associated with PMS.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place after opening.

Please Recycle.

CODE 1750 v3



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SOFTGEL
SIZE



Evening Primrose Oil

500 mg

Women's Health*

- Healthy Skin*
- Balanced Immune Response*
- Support for Mild PMS Discomfort*

100 Softgels

Non-GMO

A Dietary Supplement HEXANE-FREE

Nutritional Oils

Family owned since 1968.

Supplement Facts

Serving Size 3 Softgels Servings Per Container 33

	Amount Per Serving	% Daily Value
Calories	15	
Calories from Fat	15	
Total Fat	1.5 g	2%*
Polyunsaturated Fat	1 g	†
Monounsaturated Fat	< 0.5 g	†
Evening Primrose Oil (<i>Oenothera biennis</i>) (Seed) (Cold-Pressed, Hexane-Free)	1.5 g (1,500 mg)	†
Gamma Linolenic Acid (GLA)	135 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, water, glycerin).

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

