

21<sup>ST</sup>  
CENTURY®



DIETARY SUPPLEMENT

OMEGA-3-6-9

Flaxseed Oil  
1000 mg

Support for Heart and  
Cardiovascular Health\*

60 Softgels

**Directions:** Take one (1) softgel twice daily with any meal or as directed by your healthcare provider. Do not exceed recommended dosage. Individual results may vary.

**Warning:** Consult a healthcare provider prior to use if: pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

**Keep out of reach of children.** Do not use if product appears tampered with or seal is broken. Store at room temperature.

No added Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. **Gluten Free.**

PROUDLY MANUFACTURED FOR  
21<sup>ST</sup> Century HealthCare, Inc.

2119 S. Wilson Street, Tempe, AZ 85282 USA  
www.21stcenturyvitamins.com 900342-1014



21<sup>ST</sup>  
CENTURY®

21st Century®...for a healthier future.

Flaxseed Oil 1000 mg

Flaxseed Oil, derived from the flax plant, is one of the best sources of Omega-3 fatty acids. Omega-3 fatty acids support heart and cardiovascular health.\* 21<sup>ST</sup> Century offers the highest quality ingredients produced to strict standards for support of your good health. See us at [www.21stcenturyvitamins.com](http://www.21stcenturyvitamins.com) for more information. 0513

**Supplement Facts**

Serving Size: 1 Softgel

Amount Per Serving	% DV
Calories	10
Calories from Fat	10
Total Fat	1 g 2%†
Flaxseed Oil	1000 mg **
Containing not less than:	
500 mg Alpha Linolenic Acid (Omega-3)	
123 mg Linoleic Acid (Omega-6)	
126 mg Oleic Acid (Omega-9)	

\*\* Daily Value (DV) not established.

†Percent Daily Value (DV) based on 2,000 calorie diet.

Other Ingredients: Gelatin, Glycerin, Purified Water.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

