

DHA is an important Omega-3 fatty acid. This premium quality vegetarian formulation utilizes a trademarked, DHA-rich algal oil.

Carefully Manufactured for:
Solgar, Inc.
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NATURAL OMEGA-3 VEGETARIAN DHA 200 MG

GLUTEN, WHEAT & DAIRY FREE

SUITABLE FOR VEGETARIANS

50 VEGETARIAN SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving	%DV
Calories	5
Calories from Fat	5
Total Fat	0.5 g <1%*

Docosahexaenoic Acid 200 mg **
(DHA) (from 600 mg of a DHA rich oil
derived from a plant based algae)

*Percent Daily Values (DV) are based
on a 2,000 calorie diet

**Daily Value (DV) not established

Other Ingredients: Corn Starch, Vegetable Glycerin,
Carrageenan, Sunflower Oil, Sorbitol, Ascorbyl
Palmitate, Mixed Tocopherols, Rosemary Extract,
Sunflower Lecithin, Beta-Carotene, Caramel.

SUGGESTED USE: As a dietary supplement for adults, take one (1) to two (2) vegetarian softgels daily, preferably at mealtime, or as directed by a healthcare practitioner.

FREE OF: Gluten, Wheat, Dairy, Yeast, Sugar, Sodium, Artificial Flavor and Preservatives.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.



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