

Potassium is an essential mineral needed by the body. It is vital for muscle activity. As an important electrolyte, it regulates nerve signals from the brain and spinal column to muscles and also promotes proper fluid balance in the body. Potassium also helps to attract nutrients into cells. This formulation provides potassium complexed with the amino acid glycine.*

Carefully Manufactured by:
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SOLGB70760 00B



POTASSIUM AMINO ACID COMPLEX

NERVE & MUSCLE HEALTH*
PROMOTES ELECTROLYTE BALANCE*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS



250 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving		%DV
Potassium	99 mg	3%
(as potassium glycinate amino acid complex†)		

DV = Daily Value

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Stearic Acid.

† Fully reacted chelates, Albion process patent No.'s 5,516,925 and 6,716,814

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

SUGGESTED USE: As a dietary supplement for adults, one (1) tablet daily, preferably at mealtime, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

Solgar's KOF-K certification #K-1250

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

