Cinnamon has been traditionally used to support wellness for thousands of years. Cinnamon's natural polyphenols have a beneficial effect on sugar metabolism, helping to maintain healthy blood sugar levels already within a normal range. Alpha Lipoic Acid is an important antioxidant. It helps to generate the primary antioxidant Glutathione, and recycles Glutathione, Vitamins C and E and Coenzyme Q10. It also supports healthy nerve function and the metabolism of sugar.*

Carefully Manufactured by:
Solgar, Inc.
500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free
1-877-SOLGAR 4
www.solgar.com
©2011 Solgar, Inc.

SOLGB79105 01B

SOLGAR®
Since 1947

CINNAMON ALPHA LIPOIC ACID

ANTIOXIDANT PROTECTION*
SUPPORTS HEALTHY BLOOD SUGAR*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS

60 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	
Cinnamon Extract (4:1) (*Cinnamomum cassia*) (bark)	350 mg**
Alpha Lipoic Acid	150 mg**

**Daily Value not established

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Magnesium Stearate, Silica, Vegetable Glycerin.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

SUGGESTED USE: As a dietary supplement for adults, take one (1) tablet, two to four times daily, preferably at mealtimes, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

0 33984 00878 6