

**Evening Primrose is a natural source of the unsaturated fatty acid, Gamma-Linolenic Acid (GLA), that promotes women's health and helps provide nutritional support for PMS.\***

The Evening Primrose used for Nature's Bounty is cold pressed and void of Hexane.

The GLA and LA ingredient dosage provides conformity in each softgel. The consistency of potency is guaranteed by assay. Nature's Bounty's Evening Primrose Oil assures quality, reliability, and purity.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

 Nutrition Questions or Comments?  
Call NutraPhone® 1-800-433-2990  
Mon. - Fri. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit [www.NaturesBounty.com](http://www.NaturesBounty.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 7373 B7370 10F

NATURE'S  BOUNTY®

STANDARDIZED GLA 9%

# Evening Primrose Oil

1000mg | Providing 90mg GLA(9%)

Promotes Women's Health\*

RAPID RELEASE LIQUID SOFTGEL



Natural Support For Women with PMS\*

60 softgels

HERBAL SUPPLEMENT

**DIRECTIONS:** For adults, take one (1) softgel three times daily, preferably with a meal.

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Polyunsaturated Fat	1 g	***
Evening Primrose Oil	1,000 mg (1 g) ***	
Cis-Linoleic Acid (LA)	730 mg	***
Gamma-Linolenic Acid (GLA)	90 mg	***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin.

**WARNING:** If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Carefully Manufactured by NATURE'S BOUNTY, INC.  
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