

## PRODUCT INFORMATION:

Two capsules typically provide:

	%RDA*		%RDA*
Vitamin C	25mg 31	Iron	2.5mg 18
Niacin (Vitamin B3)		Zinc	5mg 50
	30mg NE 188	Copper	0.5mg 50
Vitamin B6	6.6mg 471	Manganese	2.5mg 125
Folic acid	120µg 60	Selenium	60µg 109
Vitamin B12	10µg 400	Iodine	60µg 60
Magnesium	50mg 13	Tyrosine	900mg

\*RDA = Recommended Daily Allowance

## INGREDIENTS:

Tyrosine, magnesium citrate, capsule: hydroxypropyl methylcellulose\*, natural kelp†, niacin (as nicotinamide), anti-caking agent: magnesium stearate\*; ascorbic acid, ferrous gluconate, zinc citrate, l-selenomethionine, manganese citrate, anti-caking agent: silicon dioxide; pyridoxine HCl, copper gluconate, folic acid, cyanocobalamin \*(vegetarian source) † May contain naturally occurring fish and crustacea.

## DOES NOT CONTAIN:

Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, soya, starch, sugar, wheat, yeast

Suitable for vegetarians and vegans.

This product is not tested on animals.



# higher nature

## THYROID SUPPORT FORMULA WITH IODINE & SELENIUM

ULTIMATE NUTRITION

FOOD SUPPLEMENT

60 capsules

## THYROID SUPPORT FORMULA

- ✓ Iodine & selenium contribute to normal thyroid function.
- ✓ Tyrosine binds with iodine to synthesise thyroid hormones.

### DIRECTIONS:

Take 2-3 capsules a day, before food, or as your health professional advises. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

### WARNING:

Consult your doctor if you are under medical supervision. Not advisable if pregnant or in cases of melanoma, schizophrenia, high blood pressure or if taking MAO inhibitors.

### STORAGE:

Store in a cool, dry, steam free environment out of reach of children.

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